Volume #8

August 2014



MONTHLY NEWSLETTER

Khel Vikas



Website: www.prosportdev.in

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PE Teacher Training Workshop

Pro Sport Dev organized a two day PE training workshop for all the Khel Vikas PE teachers and PE interns during the first week of July at Gram Vikas' Mohuda project office.

The aim of the workshop was to strengthen the coaching development program and provide pathways for the PE teachers to progress in their roles. The workshop covered the basic aspects of sport coaching, along with an emphasis on fundamental movement skills, time management and leadership.



Khel Vikas gets Physio Support

Pro Sport Dev is happy to have the services of Colm O'Toole, Physio & Athletic Therapy intern from Ireland, in supporting the athletes during training and competition. This is the first time the Khel Vikas project has had physio support on-site, and Colm will assist athletes in preventing injury during training, as well as help them in the rehabilitation process if injuries arise.

Colm, speaking on his new assignment, said "I am delighted to be here and looking forward to the challenge. Being the first physio and athletic therapy intern, I am optimistic of making an impact within Khel Vikas and establishing structures and standards which will serve the program well in the future. Most of all, however, I'm looking forward to working with the athletes and helping them achieve their goals."

New Team Members

Elisavet Valentza – Athletics Coaching Intern

Jack Perham – Weightlifting Coaching Intern

Colm O'Toole – Physio & Athletic Therapy Intern

For more details visit: http://www.prosportdev.in/staff

Highlights

PE Training Workshop

Pre-Season Volleyball Matches

Kankia Academy Badminton Girls preparing for State Competition

PE Training Workshop Practical Session



Director's Message

Dear Readers,



The August 2014 Newsletter coincides with the start of the new Khel Vikas sports season. As every school now has a full-time PE teacher, supported by local and visiting coaches,

we hope to strengthen our Sport4All programs by generating further interest among students and sustaining their regular participation in sport. With competition season approaching, our coaches and trainers are working hard to prepare the children to participate and succeed at all levels of competition. We eagerly look forward to Khel Vikas' upcoming annual events – the Inter-Club Weightlifting Competition and the Khel Vikas Run, as well as the inauguration of the Centre of Excellence. At this exciting time for the project, we thank you for your continued support and enthusiasm.

With Best Wishes, Suheil Tandon

Recent Events/Developments

Badminton Girls Competition

The Girls Badminton team at Kankia are training hard in preparation for their first state competition, to be held in August at NTPC, Angul. All six girls will participate in the singles competition, with two doubles teams' entered as well.

Re-start of Community Weightlifting

Pro Sport Dev has re-started its Weightlifting programs at nearby village Lathi's government high school and middle school, training close to 50 children six days a week.

Structured School Sports Programs

Rudhapadar Gram Vikas school integrates structured PE classes & after school programs, with a view to increase student participation in recreational sporting activities.

Athlete of the Month!



Name: Niranjan Badaraita Game: Volleyball Excellent performances in the pre-season friendlies, helping the team register a win against the MKCG Medical College Team

Media Reports PE training workshop

http://www.sportanddev.org/en/connect/userprofile .cfm?7112/Pro-Sport-Development-held-a-two-day-PE-training-workshop

Pre-season Volleyball practice match

http://www.sportskeeda.com/volleyball/kankiaacademy-show-grit-and-character-during-afriendly-loss/

Sebastian Gerl shares his internship experience

http://www.sportanddev.org/en/newsnviews/news/? 7136/1/Weightlifting-in-India

For a full catalogue of media articles from this month, please visit http://www.prosportdev.in/press

Upcoming Events/News

- Khel Vikas Annual Inter-Club Weightlifting
 Competition
- Badminton State Competition
- Events & Operations and Fundraising & Sustainability interns to join the team
- Khel Vikas Centre of Excellence at Mohuda
 Campus being setup

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